PSHE education curriculum overview

St Gregory's has a whole school thematic approach to teaching PSHE so that different year groups work on similar themes at the same time throughout the year. This allows for cross-phase collaboration and to enable teachers to link the PSHE curriculum to whole school assemblies. We use the core themes from the PSHE Association Programme of Study and the suggested topic titles from the PSHE Association Primary Planning Toolkit as a basis for our curriculum framework.

Core Themes from the PSHE Association Programme of Study – School Terms:

- Core Theme 1: **Health and Wellbeing** – Autumn, Spring & Summer Term
- Core Theme 2: **Relationships** - Autumn, Spring & Summer Term
- Core Theme 3: **Living in the Wider World** - Autumn, Spring & Summer Term

Topic Titles from the PSHE Association Primary Planning Toolkit:

- Core Theme 1: **Health and Wellbeing** – **Autumn** - Healthy Lifestyles, **Spring** - Keeping Safe, **Summer** - Growing and Changing
- Core Theme 2: **Relationships** – **Autumn -** Valuing Difference, **Spring** - Feelings and Emotions, **Summer** - Healthy Relationships
- Core Theme 3: **Living in the Wider World** – **Autumn** - Rights and Responsibilities, **Spring** - Environment, **Summer** - Money

At St Gregory's, we cover every learning opportunity from the Programme of Study at least once within the primary phase, and usually more than once, to help build a spiral programme of learning year on year. Our learning opportunities and corresponding learning objectives (from the Primary Toolkit) reflect the context of our school and local community, and address pupils' needs and stages of development.

PSHE CURRICULM FRAMEWORK – ST GREGORY'S WHOLE SCHOOL OVERVIEW									
Term	**Autumn**			**Spring**			**Summer**		
Core Theme	**Health and Wellbeing**	**Relationships**	**Living in the Wider World**	**Relationships**	**Health and Wellbeing**	**Living in the Wider World**	**Health and Wellbeing**	**Relationships**	**Living in the Wider World**
Topics	**Healthy Lifestyles**	**Valuing difference**	**Rights and Responsibilities**	**Feelings and emotions**	**Keeping Safe**	**Environment**	**Growing and Changing**	**Healthy Relationships**	**Money**
Year 1	What helps keep bodies healthy; hygiene routines	Respecting similarities and differences in others; sharing views and ideas	Group and class rules; everybody is unique in some ways and the same in others	Recognising feelings in self and others; sharing feelings	Keeping safe around household products; how to ask for help if worried about something	Looking after the local environment	Recognising what they are good at; setting goals. Change and loss and how it feels	Secrets and keeping safe; special people in their lives	Where money comes from; how to use money saving and spending money
Year 2	Healthy choices; different feelings; managing feelings	Respecting similarities and differences in others; sharing views and ideas	Group and class rules; respecting their own and others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency	Behaviour; bodies and feelings can be hurt	Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts	Looking after the local environment	Recognising what they are good at; setting goals. Growing; changing and being more independent; correct names for body parts (including external genitalia)	Listening to others and playing cooperatively; appropriate and inappropriate touch; teasing and bullying	Where money comes from; saving and spending money; making choices; keeping track of money spent/saved
Year 3	What makes a balanced diet; opportunities for making own choices with food; what influences their food choices; habits	Recognising and responding to bullying	Discuss and debate health and wellbeing issues. Being a part of the community and who works in the community	Recognising feelings in others; responding to how others are feeling	School rules on health and safety; basic emergency aid; people who help them stay healthy and safe	Responsibilities; rights and duties	Recognising what they are good at; setting goals. Describing feelings; conflicting feelings and how to manage feelings	Positive; healthy relationships and friendships; maintaining friendship; actions affect ourselves and others; working collaboratively	Enterprise; what it means; developing skills in enterprise
Year 4	What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs	Listen and respond effectively to people; share points of view	Discuss and debate health and wellbeing issues. Appreciating difference and diversity in the UK and around the world	Keeping something confidential or secret; when to break a confidence; recognise and manage dares	How to keep safe in local area and online; people who help them stay healthy and safe	Sustainability of the environment across the world	Recognising what they are good at; setting goals. Changes at puberty. Changes that happen in life and feelings associated with change	Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers	Role of money; managing money (saving and budgeting); what is meant by interest and loan

Year 5	What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices	Listening to others; raise concerns and challenge	Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences	Responding to feelings in others	Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety	Different rights; responsibilities and duties	Recognising what they are good at; setting goals; aspirations. Intensity of feelings; managing complex feelings. Coping with change and transition; bereavement and grief	Actions have consequences of actions; working collaboratively; negotiation and compromise; giving feedback	Importance of finance in people's lives; being a critical consumer; looking after money; interest; loan; debt management of money; tax
Year 6	Images in the media and reality; how this can affect how people feel; risks and effects of drugs	Listening to others; raise concerns and challenge. What makes people the same or different; recognising and challenging stereotypes; discrimination and bullying	Discuss and debate health and wellbeing issues. Human rights; the rights of child; cultural practices and British law. Being part of a community; groups that support communities. Being critical of what is in the media and what they forward to others	Confidentiality and when to break a confidence; managing dares	Independence; increased responsibility; keeping safe; influences on behaviour; resisting pressure; rights to protect their body and speaking out (including against FGM); who is responsible for their health and safety; where to get help and advice	How resources are allocated; effect of this on individuals; communities and environment	Recognising what they are good at; setting goals; aspirations. Changes at puberty *(recap Y4);* human reproduction; roles and responsibilities of parents	Different types of relationships; positive and healthy relationships; maintaining relationships; recognising when a relationship is unhealthy (including forced marriage); committed; loving relationships; marriage. Acceptable and unacceptable physical touch; personal boundaries and the right to privacy	Enterprise; setting up an enterprise
Whole School	• Road safety Week – 20TH-26TH November (KS1 & KS2) • Stranger Danger • Fire Safety – 1/11/17 (EYFS,KS1 & KS2) • Largest Lesson Week – Global Goals. • Anti-Bullying Week 13th-17th December (EYFS, KS1 & KS2) • Human rights Day 10th December (KS1 & KS2) • E-Safety			• E-Safety • LGBT Month – February (KS2) • Fairtrade Fortnight – 26th February (KS2 – School Council) • Elimination of Racial Discrimination – 21st March (KS1 & KS2)			• E-Safety • Mental Health Awareness – 16th May (KS1 & KS2) • Health & Fitness Week		